

2020-2022

ERASMUS+ HERITAGE VOLUNTEERS WORKCAMP

Info pack

CALMONT D'OLT

August 2021



With the support of:



Erasmus+





ERASMUS+ HERITAGE LEADERS AND VOLUNTEERS II

WHAT IS THE ERASMUS+ HERITAGE LEADERS AND VOLUNTEERS PROJECT?

In Europe, REMPART exchanges with partners who have different histories, statues, impacts and scales of action, but share a common interest in involving citizens in collective actions to preserve natural and cultural heritage.

The European Year of Cultural Heritage in 2018 was a chance for REMPART and its partners to deepen their relationships through an ERASMUS+ granted project. ERASMUS+ HERITAGE LEADERS AND VOLUNTEERS was born in this context. After the success of a first project, in 2019-2020, REMPART and its partners have decided to repeat the experience in 2020-2021. Due to the Coronavirus pandemic and its consequences in the cultural sector and the limitation of travel it led to, the ERASMUS+ HERITAGE LEADERS AND VOLUNTEERS II project is extended until 2022.

During these three years, 9 ERASMUS + youth exchanges, 1 training for leaders, 2 seminars and 1 Advance Planning Visit are organized in France, hosted by different REMPART local members. Each exchange is closely connected to the restoration of a REMPART heritage site and involve from 2 to 3 partner organizations from Europe. If you want to deepen your knowledge on heritage and volunteer management, the ERASMUS+ HERITAGE project also offers trainings opportunities or workcamps!



Hosted by the Association de Sauvegarde
du Château de Calmont d'Olt,
member of Union REMPART

CALMONT D'OLT

averignon - france

23rd Aug. - 4th Sept. 2021



WHAT WILL YOU LEARN DURING THIS HERITAGE VOLUNTEER WORKCAMP?

This summer, celebrate heritage diversity in the charming Calmont d'Olt Castel! Take part in a unique ERASMUS+ exchange based on manual and theoretical activities to discover the European tangible and intangible heritage.

This year, you will learn how to cut stones and participate in masonry workshops on the 15th century's outer wall of Calmont d'Olt castle. Medieval style activities will also be organised as well as guided tours on the topic of romanesque art and in the surrounding medieval villages. You will also learn about European heritage, its richness and diversity, its values or its challenges.



WHO ARE THE PARTNERS ORGANISATIONS?

- **Ybl Miklós Faculty of Architecture and Civil Engineering** (Hungary) trains students for a variety of professions within the fields of civil engineering, architecture, urban planning and environmental development, since 1879.
- **Manifattura Urbana** (Italy) is an association aiming to encourage citizens and professionals to commit for cultural heritage, with an environmentally respectful perspective.
- **Association de sauvegarde du château de Calmont d'Olt** (France) aims to study, enhance and restore Calmont d'Olt 11th century castle. Member of Union REMPART, it organizes numerous international actions each year.

CALMONT D'OLT

aveyron - france

WHERE WILL YOU WORK AND STAY?

The training will take place in Espalion, a village located in the department of Aveyron, in Occitanie (southern France). It will be hosted by the **Association de Sauvegarde du Château de Calmont d'Olt**.

The castle of Calmont d'Olt is an important landmark of the medieval province of Rouergue. Built on a basalt peak at 600 meters high, it dominates the town of Espalion, the river Lot valley and the Aubrac's mounts. Its architecture reflects 800 years of adaptation of defensive technics, following the evolution of the artillery.

The association has been working for over 30 years to the restoration and touristic development of the castle, with stone cutting and masonry workcamps, archaeological excavations, middle-ages discovery and animations... You can have a look at the castle at the following link: <https://www.chateaucalmont.org> or on Château de Calmont d'Olt's page on [Facebook](#). Though Espalion is a small town (4000 inhabitants), it has all the necessary facilities (bakeries, supermarkets, pharmacy, post offices, ATM and small pubs).

The accommodation you will stay at belongs to the association. It consists of a 16 beds dormitory (+ one or two bedrooms depending on the numbers of participants), sanitary facilities, a lounge area and a common room for the preparation and the sharing of meals. **Should you have any dietary requirements, please let us know one week before your arrival.** Please note that the WiFi signal is not very good at the accommodation, but you will be able to access it if you need to check your emails.

It's simple, but enough to spend a great time!

Your contact onsite will be Maxime.

Do not hesitate to write to him if you have any question, at maximepottier5@gmail.com

The address of the venue is :
**Association de sauvegarde du
Château de Calmont d'Olt
4 Rue de Bouquiès
12500 Espalion
FRANCE**





HOW TO REACH THE HERITAGE SITE?

Please note that the village is not so well connected with public transports. The closest train station is Rodez (35 km of distance): **we will pick you up at the train station on arrival and drive you back on departure day with minibuses**. We will give you details soon regarding the pick-up point and hour.

To reach Rodez, we suggest the following:

- Fly to Toulouse-Blagnac and then take the train from Toulouse Matabiau to Rodez. The whole trip from Toulouse take roughly 2h30, it's a direct train.
- Fly to Paris and then take the train to Rodez (either from Montparnasse or Austerlitz train stations). You can land in Paris either Charles de Gaulle Airport or Orly Airport (please avoid Beauvais airport which is very far from other connections). This trip is much longer (7h30 to reach Rodez from Paris).

You can reserve and purchase the train tickets on <https://en.oui.sncf/en/>

WHAT SHOULD YOU BRING?

ESSENTIAL EQUIPMENT

- Comfortable work clothes (that you do not mind getting dirty),
- Sturdy work shoes (safety shoes if you have),
- A sleeping bag. We will update you on the climate conditions some days before departure.

RECOMMENDED EQUIPMENT

- | | |
|--|--|
| • Walking shoes, | • Flashlight, |
| • Small backpack, | • Swimsuit, |
| • Rain and warm clothes, | • Musical instruments or games if you like, |
| • Adaptors for your electronic devices | • Some snacks or drinks from your country, for |
| • Cap/hat, | intercultural sharing. |

The tools necessary for the work on-site are provided by the association.

Keep in mind that bringing with you any valuable items (smartphone, personal computer, camera etc.) is at your own risk and responsibility.

HOW TO FUND YOUR ERASMUS+ HERITAGE VOLUNTEERS WORKCAMP?

The ERASMUS+ programme is covering all the activities and travel costs of this action camp: meals, accommodation and excursions are covered. However, **REMPART must ask you to pay for compulsory insurance covering any risks related to heritage restoration work (30€/volunteer).**

TRAVEL COSTS:

Arrival is scheduled for Monday, August 23, in the morning; and the departure for Saturday, September 4th, in the afternoon.

As much as possible, **the travel must be a direct return trip from your principal residence.** The maximum amount reimbursed is shown in the table below. Extra expenses will be at your own expenses. Volunteers will be reimbursed by REMPART after the end of the activity **on receipt of all boarding passes, train/bus tickets, visa receipts etc.** The partner organisation (or the group leader) will collect the receipt for the volunteers from its country and send them to cloarec@rempart.com. You must keep these proofs of payments at least 2 years after the end of the action, in case of a financial audit.

Traveling to Calmont d'Olt from...	Travel allowance
France	up to 180 €
Hungary & Italy	up to 275 €

INSURANCE:

As a European Union citizen, you must ask for a **European Health Insurance Card** at your local Social Security centre at least 15 days before the departure.

You will be covered for all the activities organized during the training. To cover these you should pay 30€ upon registration on www.rempart.com/en or directly on-site upon arrival.

However, you can take additional insurance for travel and medical issues: if you want to subscribe to specific insurance for travel and medical care via REMPART (25 euros) please let us know (cloarec@rempart.com). You will then be insured for repatriation and urgent and unforeseeable medical care, if you are taken ill during the period of the training.



OUR TIPS

to have the best time

CURRENCY EXCHANGE

In France, the currency is the euro (€). You might need to change your money as soon as you arrive in the country, at the airport or withdraw money at the train station (we suggest you to change in the airport as it would be cheaper than other places.) Most of the shops accept payment with VISA and MASTERCARD.

GET YOUR MONEY'S WORTH!

Just to give you a heads up, here's a list of items and their price range. This list is based on the cost of living in Clermont-Ferrand:

Metro ticket: € 1,60

Bottle of water 0,33 L: € 0,50 - € 2,00

Meal, inexpensive restaurant: € 8 - € 15

Cappuccino (regular): € 1,50 - € 3

Coffee: € 1,50 - € 3

Domestic Beer (0,5 litre draught): € 4,50

SECURITY:

During your trip from your home place to Espalion, be vigilant in the street and on the public transports. Don't leave your luggage unattended. Carry a minimum of cash with you. Don't keep your wallet in a back pocket. Photocopy your identity papers and keep them at your hotel or temporary residence. Don't keep your mobile phone in an outside pocket of your bag or clothing; don't lend it to a stranger.

SOCIAL MEDIA:

If you want to post nice pictures or comments on the programmes, please don't forget to put the hashtag **#REMPART** and **#TogetherForHeritage**

If you have any questions or comments regarding the logistics and organisation of the event, please do not hesitate to contact us at cloarec@rempart.com





ABOUT UNION REMPART

A NETWORK OF ASSOCIATIONS OPEN TO THE WORLD

For over 50 years, UNION REMPART has federated associations acting for heritage maintenance. Today, they are 180 of them. Each one is in charge of one or several sites which are restored and refurbished to open to the public.

Union REMPART groups together more than 180 local heritage preservation associations to coordinate and promote the voluntary workcamps that they set up. One of its many tasks is to keep a close check on the quality of the projects and actions carried out under its supervision, which means monitoring the quality of the restoration activities and how volunteers are welcomed. For the last 15 years, Union REMPART's policy has been to promote and develop international partnerships in answer to our partners' requests, but also to further the aims which REMPART holds dear.

THE EXPERIENCE OF A NETWORK OF ASSOCIATIONS COMMITTED TO HERITAGE WITHOUT BORDERS

Union REMPART member associations work on a wide variety of cultural heritage sites: chapels, priories, castles, villages, mills... listed buildings or less obvious items of heritage... Each site entrusted to a REMPART member association is part of a local development program and therefore not only is it preserved or restored, but it is also given a new purpose and reused.

REMPART's action not only aims at preserving the actual heritage site but also to promote and preserve traditional building and restoration techniques. This experience with heritage preservation is unique and has been used to guide initiatives undertaken over the last decades in Sweden, Hungary, Israel, Palestine, with REMPART's active support.

A NETWORK OF ASSOCIATIONS SERVING THE CITIZENS OF THE WORLD

In our view, it would not make sense to preserve heritage without involving the public in a community-based project. Because they are locally established, Union REMPART member associations are all part of cooperative action and can be considered as the outcome of the life of the local community in which they are located. Over 50 years over 20.000 international volunteers from all over Europe and beyond (Morocco, Algeria, China) have worked with REMPART's local members. Every year more than 3.000 volunteers from France and abroad take part in voluntary community action for the common good, learning together how to be active citizens of the world.

Union REMPART is state-approved and certified to the following French standards :

"jeunesse et éducation populaire" (youth and popular education), "éducation nationale" (certification given by the French national Education Ministry).

ERASMUS HERITAGE VOLUNTEERS
Youth Exchange at Château de Calmont d'Olt
 Ybl Miklós Faculty of Architecture and Civil Engineering (Hungary)
 Manifattura Urbana (Italy) & Union REMPART (France)

Activity Programme

(The association holds the right to change the programme)

DAY 1	
AM & PM	• Travel to Espalion and welcome to the accommodation
Evening	• Presentation of the Erasmus+ project, of the stay and of everyone's expectations • Presentation of the group: establishment of the common rules of the stay
DAY 2	
AM	• Visit the castle of Calmont d'Olt castle where part of the activities will take place (historical and current project)
PM	• Workshop #1: Introduction to stone cutting • Workshop #2: Introduction to traditional masonry
DAY 3	
AM	• Workshop #1: Stone cutting • Workshop #2: Traditional masonry
PM	• Workshop #1: Stone cutting • Workshop #2: Traditional masonry
Evening	• Exchanges around European heritage - OUR HERITAGE activities
DAY 4	
AM	• Workshop #1: Stone cutting • Workshop #2: Traditional masonry
PM	• Workshop #1: Stone cutting • Workshop #2: Traditional masonry
Evening	• Evening and dinner along the river
DAY 5	
AM	• Free time
PM	• Visit of Belcastel castle, an entirely restored site • Debate about Restoration deontology / Little assessment of the participants' first feelings and impressions
DAY 6	
AM	• Medieval animation at Calmont d'Olt castle: "Everyday life in the Middle-Age" & "The builder's workshop"
PM	• Workshop #3: The Longe Tower: exchange, european differences and similarities about a restoration project
Evening	• Presentation of the Transylvanian Trust project and preparation for the Romanian themed dinner
DAY 7	
AM	• Workshop #1: Stone cutting • Workshop #2: Traditional masonry
PM	• Workshop #1: Stone cutting • Workshop #2: Traditional masonry
DAY 8	
AM	• Workshop #1: Stone cutting • Workshop #2: Traditional masonry
PM	• Workshop #3: The Longe Tower: Building a common restoration project
Evening	• Presentation of Dragodid project and Preparation for the Croatian evening & dinner
DAY 9	
AM	• Free time
PM	• Visit of the Abbey and of the village of Conques
DAY 10	
AM	• Workshop #1: Stone cutting • Workshop #2: Traditional masonry
PM	• Workshop #3: The Longe Tower: Building a common restoration project • Visit of the romanesque chapels of Perse and Bessuejous
DAY 11	
AM	• Tidying up the site
PM	• Evaluation of the stay and filling in the Youth Pass • Evening at the castle, fire and barbecue, last night party!
DAY 12	
AM	• Preparation / storage and departure • Time to say goodbye